Afterschool Snack Program (ASP) Site Training



The Afterschool Snack Program (ASP) is designed to provide nutritious snacks to students participating in an education related after school activity. All staff of an afterschool program participating in the ASP must undergo training to ensure that the program operates within the USDA Regulations.

Identify a reimbursable snack

- Two full components must be offered and taken
- Refer to meal pattern requirements*

Claiming

- Identify students who have taken a reimbursable snack
- Only one snack per child, per day, may be claimed
- Refer to sample roster*

Production Records

- Document snack items and their portion size, amount served, amount leftover, school and program name, and the facilitator
- Refer to completed production record example and instructions*

Food Safety Procedures

- Comply with your district and food service safety procedures including, but not limited to time/temperature recording and hand washing.
- Refer to district Food Safety Plan*

Civil Rights Compliance

- Complete and sign off on CDE Office of School Nutrition Civil Rights Training annually
- Training located: http://www.cde.state.co.us/nutrition/civilrights

Records

- Three years plus the current school year
 - o Meal counts, roster, and production records

By signing below, I am stating that I have read and understand the regulations, procedures and protocols of the Afterschool Snack Program including, but not limited to, identifying a reimbursable snack, counting and claiming snacks, completing production records, food safety procedures, civil rights compliance and maintaining records.

Printed Name	Date
Signature	



Afterschool Snack Program Reimbursable Snack Chart for Children

A reimbursable snack, according to federal regulation for the Afterschool Snack Program, is a complete serving of any two of the components listed on the following chart. This chart was adapted from the USDA Food Buying Guide to set guidelines that help identify what qualifies as a serving size to meet a full serving of each component that may be offered as part of a reimbursable snack. USDA Food Buying Guide should also be used to determine what foods would meet the appropriate quantities required for each component.

Food Components and Food Items	Children Ages 6-18 ¹		
Milk			
Fluid milk	8 fl oz (1 cup)		
Vegetable or Fruit			
100% juice, fruit, and/or vegetable	3/4 cup		
Grains			
Bread	1 slice		
Cornbread or biscuit or roll or muffin	1 serving		
Cold dry cereal ⁴	3/4 cup or 1 oz ⁴		
Cooked cereal grains	1/2 cup		
Cooked pasta or noodles	1/2 cup		
Meat/Meat Alternate			
Lean meat or poultry or fish ⁵	1 oz		
Alternate protein products ⁶	1 oz		
Cheese	1 oz		
Egg (large)	1/2 large egg		
Cooked dry beans or peas	1/4 cup		
Peanut or other nut or seed butters	2 Tbsp		
Nuts and/or seeds/	1 oz		
Yogurt ⁸	4 oz or 1/2 cup		

- ¹ Children age 12 and older may be served larger portions based on their greater food needs. They may not be served less than the minimum quantities listed in this chart.
- Full strength vegetable and/or fruit juice or an equivalent quantity of any combination of vegetable(s), fruit(s), and juice.
- ³ Grains must be whole-grain or enriched, or made from whole-grain or enriched flour or meal that may include bran and/or germ. Cereal must be whole-grain, enriched, or fortified.
- ⁴ Either volume (cup) or weight (oz), whichever is less; ¼ cup granola; 1¼ cup puffed cereal.
- 5 A serving consists of the edible portion of cooked lean meat or poultry or fish.
- 6 Alternate protein products must meet requirements in Appendix A of 7 CFR Part 210.
- ⁷ Nuts and seeds are generally not recommended to be served to children ages 1-3 since they present a choking hazard. If served, nuts and seeds should be finely minced.
- 8 Yogurt may be plain or flavored, unsweetened, or sweetened commercially prepared.
- ⁹ Juice may not be served when milk is the only other component.
- 10 Only two sweets per week are permitted in the snack program, providing the item meets grain
- requirements (Pg. 3-2, Food Buying Guide). *(Adapted from the USDA Food Buying Guide, pg. I-15)

AFTERSCHOOL SNACK PROGRAM (ASP) SNACK ROSTER District:_____School/Site:_____Program:_____School Year:_____ Month:_____ Site Supervisor: _____ Signature:____ For SFA For SFA Use Only Use Only Eligibility Status 2 3 4 5 6 7 8 9 1 2</t Student Name F R F R Р F R Р F R F R F R Р F R F R Р F R Р F R F R F R Р F R F R F R Total for Month:



Program: _Girls on the Run_

Week of: <u>Oct. 20, 2014</u>

Completed by: _Angie Prince - Kitchen Manager

AFTERSCHOOL SNACK PROGRAM **WEEKLY PRODUCTION RECORD**

Actual Snacks Served:

Students: _107____ Adults: _2____

Total: _109____

	Menu Items	Recipe Number	Planned Reimbursable Snack Servings		Planned Adult Servings	Total Amount Prepared	Leftovers (LB or
		or - Brand Name and Code Number	Ages: K-8				
Date			Serving Size	# of Servings	(# of Servings)	(LB or Quantity or Servings)	Quantity or Servings)
10/20/14	Cheese Stick	Sargento 452	1 oz	32	2	34	1
	Grapes	Recipe #-012	¾ cup	32	2	34	1
10/21/14	Animal Crackers	Stauffer's 681	23 grams	21	0	21	2
	Milk 1%	Robinson's 125	8 oz	21	0	21	2
10/22/14	No Snack Program today						
10/23/14	Yogurt	Yoplait - Low Fat	4 oz	25	0	25	0
	Blueberries	Recipe #013	³ / ₄ cup	25	0	25	0
10/24/14	Celery	Recipe #014	¾ cup	32	0	32	0
	Peanut Butter	Jiffy 225	2 TBSP	32	0	32	2
	String Cheese	Sargento 452	1 oz	2	0	2	0

NOTES: Two students are allergic to peanut butter, so on 10/24 substituted string cheese for those two students.

Molly Franklin, Assistant Manager, did snack service on 10/20 and 10/24.



School: _Jackson Elementary____

Program: _Girls on the Run_

Week of: Oct. 20, 2014_____

Completed by: ___Angle Prince__

COMPLETELY FILL OUT SCHOOL NAME, PROGRAM, WEEK, WHO COMPLETED THE PRODUCTION RECORD AND ACTUAL SNACKS SERVED.

Actual Snacks Served:

Students: _107____ Adults: __2___

Total: ___109____

	Menu Items	Recipe Number	Planned Reimbursable Snack Servings		Planned Adult	Total Amount	Leftovers
Date		or	Ages:K-5	T	Servings	Prepared	(LB or
		Brand Name and Code Number	Serving Size	# of Servings	(# of Convince)	(LB or Quantity	Quantity or
List date,	List all menu items that		ū	List how many	(# of Servings)	or Servings) List the	Servings) Record
even if not	contribute to a	List the recipe # or the brand	Serving size should	List how many	Record all paid adults, food	amount of	number of
	reimbursable meal.	name and	represent column in	portions of each	service employee	food prepared	leftovers.
serving on that date.	Include all condiments.	product number	cups or weight in ounces.	item you think will be taken as	adults and a la	for a	iertovers.
Draw a	include all condinients.	here. Canned,	ounces.	part of the	carte (including	reimbursable	
line		frozen and fresh		snack.	milk purchased	snack, adults	
through		FRUIT & veg		SHACK.	for snacks	and a la carte	
the row		list only product			and/or second	(if applicable).	
with that		descriptions			snacks).	This amount is	
date (see		(apples -113 ct.;			Shacksy.	based on the	
example		peaches - Light				ACSP Menu	
completed		syrup or USDA;				requirements	
production		applesauce -				using the USDA	
record).		sweetened or				Food Buying	
		un-sweetened,				Guide, USDA	
		etc. for				Recipe or	
		condiments:				District	
		record serving				Standardized	
		SIZES AND NOTE				Recipe.	
		if low fat or low					
		sodium version.					

NOTES: Notate here any changes in menu, special accommodations, changes in service etc.