



**COLORADO**

Department of Education

# Office of School Nutrition Updates

**Colorado Coalition for Healthy Schools Meeting**

October 14, 2016

# Objectives

- **By the end of this meeting, participants will be able to:**
  - Summarize the Local School Wellness Policy and Smart Snacks Final Rules,
  - Describe how the Administrative Review Final Rule affects school districts and
  - Explain the newly revised Healthy Beverages Policy.



# Local School Wellness Policy Final Rule

- Published in the Federal Register on July 21, 2016
- During School Year 2016-2017, LEAs must begin developing a revised local school wellness policy.
- LEAs must fully comply with the requirements of the final rule by June 30, 2017.

# LWP Final Rule - Updates

- Stakeholders\* must be permitted to participate in the development, implementation, review, and update of the local wellness policy.
- Identify one or more LEA and/or school official(s) that will ensure each school complies with the policy.
- Inform and updating the public about the content and implementation of the local wellness policy.

*\*Stakeholders = parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public*

# LWP Final Rule - Updates

- **The wellness policy must include:**
  - Goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness.
  - Nutrition guidelines for all foods/beverages **sold** on the school campus during the school day.
  - Policies for foods/beverages **available** on the school campus during the school day.
  - Policies for food and beverage marketing.
  - Description of public involvement, public updates, policy leadership, and evaluation plan.

# LWP Final Rule - Updates

## ■ Evaluation

- All LEAs must assess their wellness policy at least once every three years on -
  - The extent to which schools are in compliance with the district policy,
  - The extent to which the local wellness policy compares to model local school wellness policies and
  - The progress made in attaining the goals of the local wellness policy.
- LEAs must make this assessment available to the public.

# Smart Snacks in School Final Rule

- Published in Federal Register on July 29, 2016.
- Food and nutrition standards for all foods sold in schools, other than food sold under the National School Lunch and School Breakfast Programs.



# SSIS Final Rule - Updates

- **Grain-only item is now considered an entrée for breakfast only**
- **Added definition for Paired Exempt Foods\*:**
  - Peanut butter and celery
  - Celery with peanut butter and unsweetened raisins
  - Reduced fat cheese and apples
  - Peanut butter and apples

\*All retain total fat and saturated fat exemptions and may be served as long as the calorie and sodium limits are met.



# SSIS Final Rule - Updates

- Eggs with no added fat are now exempt from total fat and saturated fat nutrient standards
- Low sodium and no-salt added canned vegetables with no added fat or ingredients except water or that contain a small amount of sugar for processing purposes exempt from nutrient standards
- Total fat nutrient standard remains an interim final rule

# Administrative Review Final Rule

- **Published in Federal Register on July 29, 2016**
- **Transparency requirement**
  - All Administrative Review results for SY 2016-17 and beyond will be posted on CDE OSN website
  - We encourage SFAs to post the results, but at a minimum, provide the results upon request



# Colorado Healthy Beverages Policy

- **On September 14<sup>th</sup>, the CO State Board of Education voted in favor of the proposed changes to align federal and state rules.**
- **Results**
  - Decreased regulatory burden on districts.
  - Districts can include stricter beverage rules in their Local School Wellness Policies.
- **Next Steps**
  - Legal review by the Office of the Attorney General.
  - OSN will post an update when the rules are finalized.



# Resources

- Local School Wellness Policy:  
<https://www.cde.state.co.us/nutrition/nutriwellness>
- Smart Snacks in School:  
<https://www.cde.state.co.us/nutrition/nutricompetitivefoods>
- Administrative Review:  
<https://www.cde.state.co.us/nutrition/nutrireviews>
- Healthy Beverages Policy:  
<https://www.cde.state.co.us/nutrition/nutrLegislation.htm>

