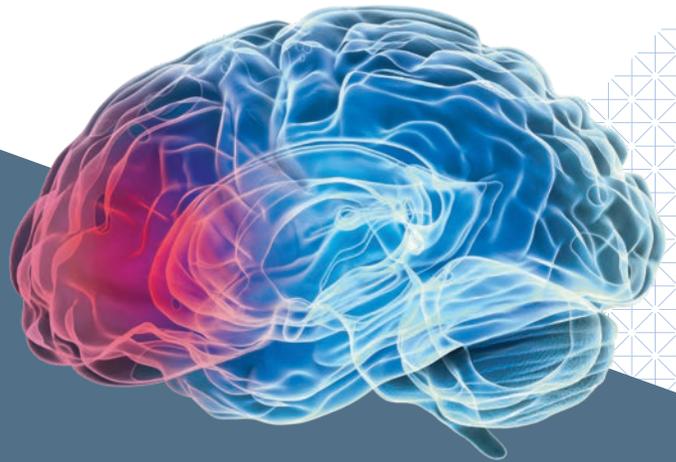


BRAIN INJURY AWARENESS



WHAT IS A BRAIN INJURY?

A brain injury (BI) is damage to the brain from an **internal event** (ex: stroke, anoxia, aneurysm, carbon monoxide poisoning) or **external forces** (ex: assaults, motor vehicle accidents, falls, sport injuries) resulting in impairments to functioning (ex: speech & language, motor & physical functioning, attention, memory, speed of processing, psychological behavior).

DID YOU KNOW?



Over **half a million** Colorodans are living with a brain injury.



More than **250,000** of those have sustained a moderate to severe TBI (loss of consciousness over 30 min).



In 2019 there were nearly **20,000 ED visits** and nearly **5,000 hospitalizations** for Traumatic Brain Injuries (TBIs) in CO.



No two brain injuries **are alike**.

BI BREAKDOWN

Traumatic Brain Injury (TBI)



External Forces

TBIs are categorized by the severity of the initial blow: mild TBI, moderate TBI, or severe TBI

Non-Traumatic Brain Injury (nTBI)



Internal Forces

Includes things like stroke, anoxia, tumor, infection, aneurism, metabolic disorders, or toxic exposure



IF YOU OR SOMEONE YOU KNOW IS ONE OF THE HALF A MILLION COLORADANS TO HAVE EXPERIENCED A BRAIN INJURY YOU ARE NOT ALONE. THERE IS HELP AVAILABLE. VISIT [MINDYOURBRAINCOLORADO.ORG](https://www.mindyourbraincolorado.org)

Nadine | Brain Injury Advocate



MINDSOURCE
BRAIN INJURY NETWORK

#MINDYOURBRAIN
[MindYourBrainCO.org](https://www.MindYourBrainCO.org)