# Comprehensive Health Education Grant

**Health Education Services Office** 



#### Overview

The Colorado Comprehensive Health Education Act encourages a planned, sequential health education program offered at every grade level. The intent of the funding is to foster healthy behaviors through increasing students' knowledge and skills to establish and maintain their physical, emotional, social, mental, and sexual health and wellness, in addition to the modification and reduction of those classified as high risk behaviors.

High risk behaviors means actions by children and adolescents that present a danger to their physical or mental health, or which may impede their ability to lead healthy and productive lives.

During the 2020-21 school year, \$300,000 in grant funding was distributed to school districts, charter schools and BOCES. This four-year grant opportunity serves nearly 200,000 students per year.

### **DEFINITION OF COMPREHENSIVE HEALTH EDUCATION**

Comprehensive Health Education means a planned, sequential health program of learning experiences in preschool, kindergarten, and grades one - through 12, which should include but not be limited to:

- Communicable diseases, including HIV/AIDS
- Community and environmental health
- Consumer health
- Dental health
- Tobacco, alcohol and other drug use
- Human growth and development
- Hereditary and developmental conditions

- Mental, emotional health
- Nutrition, personal health and physical fitness
- Family life education
- Injury prevention, safety, motor vehicle safety and emergency care
- Age-appropriate instruction on family roles, child development and parenting

## Grantees and Moving Forward Current Grantees:

This grant serves six rural and five urban/suburban school districts:

- Center Consolidated Schools 26-JT
- Colorado Springs School District 11
- Douglas County School District RE-1
- East Grand School District RE-2
- Canon City Schools Fremont RE-1
- Harrison School District 2
- Jefferson County School District R-1
- Lake County School District R-1
- Las Animas School District RE-1
- South Routt School District RE-3
- Thompson School District R2-J

The Healthy Youth Act of 2007 (HB 1292) directs that wherever offered, sexuality education must be science-based, age-appropriate, culturally sensitive, medically accurate and address the topics of abstinence and contraception (C.R.S. 22-1-110.5).

#### **Moving Forward:**

This is the last of a four-year grant cycle. A competitive grant process will identify a new cohort in Spring of 2023.

To learn more on the Comprehensive Health Education Grant use this QR Code.



## WHERE CAN I LEARN MORE? -

- For questions, contact Jamie Hurley at hurley\_j@cde.state.co.us or 303-866-6453
- <u>View all CDE fact sheets</u>: www.cde.state.co.us/communications/factsheetsandfaqs