



Endorsement Worksheet – Physical Education (Grades K-12)

Not for use for demonstrating Multiple Measures of Content Competency

Applicant

Legal name:

Date:

Requirements

Professional competency in this content area must be demonstrated by one of the following pathways:

- A. 24 semester hours of college-level coursework completed at a regionally accredited college/university that meet the minimum requirement in each of the areas listed below (must have a B- or higher in each category). Documented professional development or work experience in the specific categories may satisfy up to 6 semester hours.
OR
- B. A bachelor's or higher degree in Physical Education.
OR
- C. A passing score on the following physical education content exam:
 PRAXIS #5091 / 148 or higher

Required content coursework categories	Coursework (B- or better)	Semester Hours	FOR OFFICE USE ONLY
Psychological, Socio-cultural, Historical (3 semester hours) e.g., Child Development, Psychology of PE, History of PE, Human Growth & Development, Pedagogy for physical education teachers			
Physical & Biological Science Foundation (3 semester hours) e.g., Anatomy, Kinesiology, Exercise Physiology, Health			
Individual Sports (3 semester hours) e.g., Aquatics, Rhythm, Weight Lifting, Wrestling, Track & Field, Tennis, Bowling, Golf, Badminton, Archery, Rodeo, Personal Fitness Planning, Safety			
Team Sports (3 semester hours) e.g., Baseball, Skiing, Softball, Basketball, Lacrosse, Field Hockey, Water polo, Flag & contact football, Soccer, Volleyball, Safety			
Adaptive Physical Education (3 semester hours) i.e., Physical Education for the exceptional child, physical education and recreation for individuals with disabilities			
Organization/Evaluation of a PE Program (3 semester hours) e.g., First Aid, Athletic Injuries, Health Policy Liability, Adaptive P.E., Rules & Officiating			
Methods of Teaching Elementary or Secondary PE or Movement Fundamentals (6 semester hours) e.g., Gymnastics, Tumbling, Weight Training, Dance, Conceptual & Skill-based physical education			